



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

May 10 – HES School Committee meeting (6PM - Superintendent's Office – 431 Camden Rd)

May 24 – School Picture Day (Lifetouch)

May 31 – No school (Memorial Day)

June 14 – HES School Committee meeting (6PM - Zoom)

June 17 – Last day of school

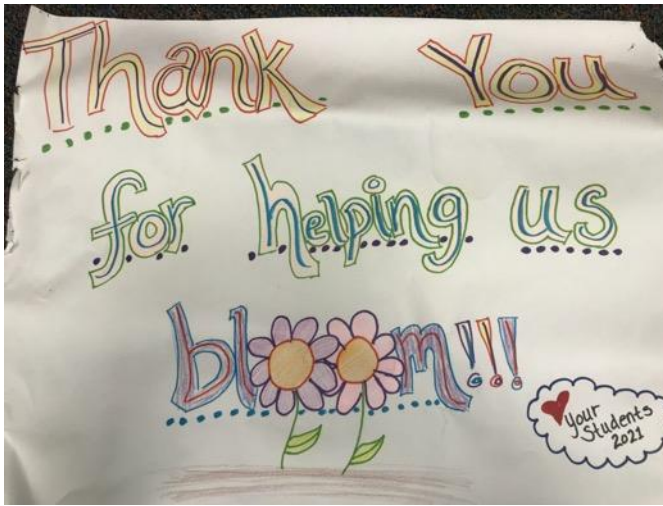
“A teacher presents the past, reveals the present, and creates the future.”

Happy Mother's Day!

Pre-K students greeted the special women in their lives with a decorated planter of seedlings they have tended and a handmade card this week. They would like to wish all the mothers, grandmothers, aunts, and special caregivers a Happy Mother's Day! We love you more than rainbows and unicorns.



Thank you to our awesome team!! Happy Teacher Appreciation Week!



HES will hold spots for Hope residents for our full day Pre-K program for next fall (2021-22) until May 10th. After that date, registration will be open to students from all qualifying towns. Your child must be 4 years old on or before 10/15/21 to be eligible. The class is limited to 16 students. Please call the school at 785-4081 to reserve a spot.

4th grade has been busy creating art with Mrs. Cooper!



Picture Day is coming! Order Forms will come home next week with students.

PICTURE DAY IS:
EL DÍA DE LA FOTO ES:
Monday, May 24, 2021
lunes, 24 de mayo, 2021
Hope Elementary School

Order now on
mylifetouch.com
using your Picture Day ID: **EVTX42W**
or choose a package below and fill out your order form.
Encarga ahora en mylifetouch.com usando tu ID del Día de la Foto y recibe ofertas en línea exclusivas.

1 Choose a Package <small>Elige un paquete</small>	Basic \$14.99 <small>Single family digital & physical pictures</small>	Standard \$29.99 <small>Share pictures with friends & family</small>	Plus \$44.99 <small>Tailor your pictures with customization features</small> <i>Recommended</i>	Premium \$74.99 <small>Get the best features & the full picture suite</small>
Pictures <small>Imágenes</small>	(1) 8x10 (2) 5x7	(1) 8x10 (2) 3x5 (4) 5x7 (8) 2x3	(1) 8x10 (2) 3x5 (4) 5x7 (8) 2x3	(2) 8x10 (4) 5x7 (4) 3x5 (12) 2x3
Shutterfly Digital Image* <small>Imagen digital de Shutterfly*</small>	1	1	1 Add more online	1 Add more online
Retouching <small>Retoque</small>			Basic Removes blemishes	Premium Removes blemishes plus whitens teeth and evens skin tone
Name & Grade** <small>Nombre y Grado**</small> <small>Personalize your pictures with your first name & grade. Personaliza tus fotos con el nombre de pila y el grado.</small>				
Background <small>Fondo</small> NOTE: Background for your yearbook is selected by your school. <small>Nota: El fondo para tu añobook lo selecciona tu escuela.</small>	Standard Background <small>Fondo estándar</small> 	Standard Background <small>Fondo estándar</small> 	Choose your Background <small>Elige tu fondo</small> Image Code <small>— More backgrounds & options available online! —</small> <small>(Más fondos y opciones disponibles en línea)</small>	

2 Choose your Add-Ons—\$14.99 Each
Elige tus complementos: \$14.99 cada uno

— More Add-Ons & Special Offers available online! —
(Más complementos y ofertas especiales disponibles en línea)

Lifetouch + Shutterfly
*As part of the Shutterfly family of brands, your Lifetouch digital images are now delivered through Shutterfly. You'll receive a notification when your

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Reminder to Maine Home Instruction Parents and SAUs Regarding Annual Assessment Requirement. Please follow the link for more information.

<https://mailchi.mp/maine/cu5lemq6y0-l323l48?e=cf6a7a5947>

**HES MENU**

5-10 through 5-14

Monday (5/10): Smoothies (Breakfast)

Tuna Salad Sandwich (Lunch)

Tuesday (5/11): Cereal (Breakfast)

Quesadilla with fajita rice (Lunch)

Wednesday (5/12): Muffins (Breakfast)

"Lunchable" with Pepperoni, Cheese Stick, Carrots & Goldfish (Lunch)

Thursday (5/13): Smoothies (Breakfast)

Crispy Chicken Sandwich (Lunch)

Friday (5/14): Parfait (Breakfast)

English Muffin Pizza (Lunch)

Lunch options include a choice of salad, bagel or sandwich of the day. Milk or orange juice is available with all meals. All meals are FREE for students.

MOUNTAINSEA EXPEDITIONS

SUMMER PROGRAMS 2021



BEST of the MIDCOAST: rising 5TH & 7TH graders



SEA KAYAKING EXPEDITION: rising 8-10th graders



SAILING EXPEDITION: rising 9TH graders



EXPLORERS CLUB: 1-2 graders + 3-4 graders

FOR MORE INFO: MOUNTAINSEAEXP.COM

Annual Plant Sale at Camden Hills Regional High School



Last year our regular plant sale did not take place, but we were able to get plants to lots of people and donated lots of money to great organizations that are working to build a strong food system. This year we are back to our somewhat normal plant sale. We have had a small but awesome crew of students hard at work to have as many different types of plants available for sale.

The Horticulture & Gardening class's annual sale will take place Saturday, May 15 and Sunday, May 16 at the greenhouse on campus. The sale always takes place the weekend after Mother's Day. The greenhouse is located in back near the loading dock area of the school. Please be aware that we will be limiting the number of people in the greenhouse and masks will be required so you may want to factor in a little extra time for your visit.

We will have lots of vegetable and herb seedlings as well as a wide variety of annuals and perennials. All plants are grown using organic practices and do really well once planted. There are always new varieties, including heirlooms. In addition to plants, we hope to have bags of compost for sale. We are currently assessing whether it is ready for distribution. Each bag is about 40lbs, is high quality, organic compost and sell for \$6 each.

Sale takes place Saturday, May 15 from 8am – 1 pm and on Sunday, May 16 from 9am - noon. All containers are \$3 each. Buy 3 and get a 4th for free. On Sunday everything is buy one, get one free from 9-11 and the last hour everything is \$1.

All proceeds support the Horticulture/ Gardening & Sustainability programs at CHRHS!!

We hope to see you there!

Food Insecurity in Our Community



Is food insecurity a problem in your house? The Camden Area Christian Food Pantry is open for all families in Camden, Rockport, Appleton, Hope, Lincolnville, Union, Searsmont, Washington, and Isleboro two days a week to provide families with a healthy supply of nutritious food. Thanks to the generosity of Good Shepherd Food Bank, Hannaford, and many local donors, we have meat, eggs, milk, canned goods, bread and pastries, produce, personal necessities, and other goods available each week. The

pantry is open on Tuesdays from 8AM-11AM and on Thursdays from 4PM-6PM. The pantry is located at 128 Mt. Battie Street in Camden (phone: 236-9790).

Department of Health and Human Services Office of Child and Family Services (OCFS) Child Care Subsidy Program

What is the Child Care Subsidy Program?

The Child Care Subsidy Program (CCSP) helps eligible families to pay for child care so they can work, go to school or participate in a job training program.

Who is eligible to receive Child Care Subsidy?

Eligible families must meet the [income guidelines \(Word\)](#)

And

At least one of the following activities:

- ☐ Work
- ☐ School
- ☐ Job Training Program

Who can I choose as my child care provider?

- ☐ Licensed child care centers
- ☐ Licensed family child care homes
- ☐ Adults who provide care in their own homes
- ☐ Adults who come to your home to provide care
- ☐ Relatives over the age of 18

For help with locating child care visit: [Child Care Choices](#)

How do I apply?

- ☐ <https://www.maine.gov/dhhs/ocfs/ec/occhs/step.htm> for printable application. Several languages available.
- ☐ By email CCSP.DHHS@maine.gov
- ☐ Call: 1-877-680-5866 or (207) 624-7999 Monday - Friday 8:00 a.m. to 5:00 p.m.; or
- ☐ Visit your local DHHS Office to receive a printed application. To find your local DHHS Office visit: <https://www.maine.gov/dhhs/dhhs-addresses> or call: 1-877-680-5866 or (207) 624-7900

What are the rules of the Child Care Subsidy Program?

[Child Care Subsidy Program Rules](#)



Maine's Child Care Subsidy Program



Child Care Subsidy Program

2 Anthony Ave.
11 State House Station
Augusta, ME 04333
1-877-680-5866



Monthly Substance Use Prevention Update:***Keep your children safe and healthy – Be aware of the consequences of underage drinking***

The weather improving and flowers blooming is a sure sign that the end of the school year is drawing close. With the end of the school year comes graduation, celebration and excitement for summer. This summer some parents might think that hosting their children's drinking events in their home will keep teens out of trouble. While their intentions may be good, this reasoning has serious consequences for parents, teens, and the community.

The truth is simple: Alcohol is dangerous for young people, and underage drinking can lead to drunk driving, higher risk for adult substance use disorder and accidental injury or death. Parents who host underage drinking put teens in their community at risk, and themselves at risk for serious legal repercussions.

Research from the National Institute on Alcohol Abuse and Alcoholism (NIAAA) supports that adults giving teens alcohol makes it more likely they will drink again and in higher quantities. Consider the following additional statistics about underage drinking:

- Youth who begin drinking before turning 15 are 6.7 times more likely to have alcohol use disorder, which includes alcoholism, at some point in their lives, according to research published in the Journal of the American Academy of Child & Adolescent Psychology.
- According to the NIAAA, youth who drink are more likely to be involved in a physical or sexual assault as either victim or assailant after drinking than those who do not drink.
- More than 4,300 youth die each year due to underage drinking, according to the Centers for Disease Control and Prevention.

The complex consequences of the COVID-19 pandemic include higher rates of depression, anxiety, and substance use disorder. It is of vital importance that parents do all they can to support their children's wellbeing and mental health as we navigate a post-pandemic world. Parents set an example for their children's alcohol consumption and drinking norms, and hosting underage drinking events is one way that parents put teens in their community at risk.

Keep lines of communication open and talk to your teen about the dangers of underage drinking. If you suspect your teen is engaging in risky drinking behaviors, start a dialogue about it or contact a school guidance counselor.

To find out how you can become involved locally, contact Jamie Lovley, Substance Use Prevention Coordinator, Knox County Community Health Coalition 236-6313 Ext. 4; jamielovleykcchc@gmail.com

Knox County Community Health Coalition provides substance use prevention services in Knox and Waldo Counties, and is a division of the Penobscot Bay YMCA's Community Health Promotion Department.